



# Atwater Area Help for Seniors NEWSLETTER

JANUARY 2018

*Celebrating 30 years*

*Neighbors helping Neighbors*

## Volunteer Luncheon



*Betty  
Moll with  
Brian,  
Marlene,  
Amanda,  
Jaxon*

December 5th The Atwater Area Help for Seniors celebrated their Volunteers with an Appreciation Luncheon. The luncheon was to thank all the volunteers for the hundreds of hours and miles they provided this past year to continue AAHFS's mission to keep our seniors in their homes as long as safely possible. Longtime volunteer Betty Moll was honored for her 25 years of service to our program, and entertainment was provided by the Kingery Family.



*More photos of  
this great event  
may be found on  
Atwater Area  
Help for Seniors  
Facebook page.*

## Neighborly Outreach

**Need volunteers to deliver meals, do light housekeeping, shopping, and visiting our seniors! Call 974-8737**

**February 6<sup>th</sup> – 2<sup>nd</sup> Dancing with the Atwater Area Stars Meeting 3:00 PM**

## Christmas Open House

The Atwater Area Help for Seniors along with Kinsella Chiropractic and Paul White with Thrivent Financial hosted a Christmas Open House on December 21st at the Wellness Center. This was a great time of visiting with friends and neighbors. One of the highlights of the coffee was a visit by Santa and Mrs. Claus.



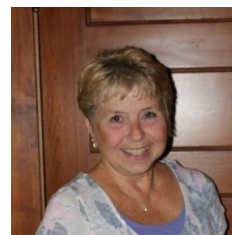
## President's Day Celebration

**Pie, Coffee and Bake Sale**

**Join us on February 19th at the Atwater Community Center from 2 PM- 4PM for homemade pie and coffee plus a bake sale. Free will donations will be accepted for the pie and coffee.**

**Deb Friedrichs**

**Director/Service Coordinator**



Deb started at AAHfS in September 2015. Her background is working with elderly in assisted living settings and with people with developmental/intellectual disabilities. Deb is active on the Rec and Leisure committee for AIM, and in her church as a puppet leader and coordinator for Sisters at Heart women's group. She enjoys time with family and friends and outdoor activities.

## Donations Given in December – Thank You!

<b>In Memory:</b>	<b>Dec 8th - Dec 31, 2017</b>
<b>Luella Behm</b>	BJ & Carol Brown
<b>Dorothy Borgrud</b>	Julie Woltjer James & Linise Copeland Louise Ahl Donald & Sandy Amdahl Ken & Deborah Blasing Elaine Johnson
<b>Gloria Mahn</b>	Tom & Jamie Sederberg Marilyn Stoffers Ken & Deb Blasing Eunice McBroom Jerrel & Carol Hintz
<b>Doris Hanson</b>	Deb Friedrichs Mark & Lori Hutchinson Bob & Audrey Kregel Sandy Edwards Sheryl Helgelson
<b>Mary Ann Smith</b>	Arnold Stifter
<b>Donations:</b>	Debra Hartung Tom & Ruth Danielson Foundation Women of Bethlehem Bruce Larson

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### Available at Atwater Area Help for Seniors Office! Free Deterra Medication Disposal Bags

Do you have expired, unused medications in your cabinet? Dispose of them conveniently at home using Deterra Disposal bags. Easy to use, environmentally safe.

**Working Hand in Hand  
with Businesses in Atwater**

*Each month a different business will be promoted*



## 2018 at a Glance

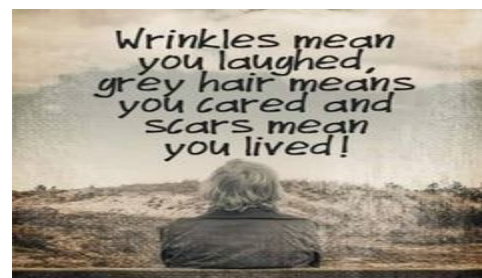
- February 19 - President's Pie and Coffee
- June 16 Atwater Festival Days
  - Caramel Rolls
  - 30th Anniversary Celebration with the Pork Chop Dinner
- July 14 - LB Hovey Golf Tournament
- September 18 – Health Fair
- September 22 - Dancing with the Atwater Area Stars
- October 18 - Soup and Sandwich Supper/Lion's Sweater Sale
- December 4 - Volunteer Luncheon

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Funded in part by DHS & United Way



**READ MORE ON OUR WEBSITE**  
<http://www.atwaterareahelpforseniors.com>



### Atwater Area Help for Seniors

PO Box 64  
126 4th Street N Atwater, MN  
320-974-8737  
Office Hours 8:30 – 4:30 M--F

